

The Rt Hon. Sir Alec Shelbrooke, K.B.E., M.P.



HOUSE OF COMMONS
LONDON SW1A 0AA

Thirsk & Malton Area Constituency Committee

North Yorkshire Council

Easingwold, Hillside & Raskelf, Huby & Tollerton divisions.

Dear colleagues,

Re: Wetherby & Easingwold MP Update – March 2026

I'm really pleased to be able to tell you that my updated Dementia Directory has now been delivered to every household across Wetherby & Easingwold.

The directory includes dementia-related activities and events that take place in and around the villages in our area, as well as advice for those living with and caring for people with dementia. An online version is available here: www.wetherbyandeasingwold.co.uk/dementia

1.4 million people will be living with dementia in the UK by 2040 and I have been working locally with volunteers in our community to bring about one simple goal: to make our area the UK's first dementia-friendly constituency.

The directory supports this goal by bringing together details of local organisations, events and services, and ensuring those living and caring for those with dementia know how and where to access first-class services locally.

Thirty-eight years ago, when my own grandmother was diagnosed with dementia, there was little support information available for carers. I wish she could have received an earlier diagnosis so we could have found more help and advice sooner. Thankfully, the outlook for families is much better today.

Here in our area, there are some inspiring organisations that make me optimistic that dementia can be dealt with more effectively and compassionately. I have seen first-hand that this kind of support, delivered well and early on in a person's dementia journey, can lead to better outcomes.

It remains my goal to secure better services for our constituents in a dementia-friendly constituency, and I thank you for your work to help me deliver this.

*Yours ever,
Alec*